



Waverley Rugby Football & Sporting Club Inc  
Waverley Oval  
Corner Bondi Rd & Park Pde  
Bondi

15<sup>th</sup> October 2008

## COACHES & MANAGERS 2009 SEASON

### Position Description

In 2008 Waverley Rugby Club achieved promotion to Division Two of the NSW Suburban Rugby Competition, on the back of winning Division Three in 2007.

Waverley Rugby is looking to continue its ascent back to Division One for the 2010 season, which also marks Waverley's 40<sup>th</sup> Anniversary.

New and returning Coaches and Managers are encouraged to apply.

The following vacancies exist:

- Head Coach / 1<sup>st</sup> Grade Coach
- Forwards Coach
- Colts (U21) Coach
- Women's Coach
- 2<sup>nd</sup> / 3<sup>rd</sup> / 4<sup>th</sup> / 5<sup>th</sup> Grade Coaches
- Managers (All Seven Teams)
- Fitness / Conditioning Coach

It is an ARU Requirement that all Coaches and Manager's have been accredited under the "Smart Rugby" program. If the successful applicant does not have, or has expired, the club will meet the cost of this session.

Waverley Rugby Club, is keen to help coaches develop their skills while at Waverley, and will provide assistance in gaining further qualifications.

**Applications Close December 2<sup>nd</sup> 2008.**

Applications to be submitted to:

The Secretary  
Waverley Rugby Club  
[secretary@waverleyrugbyclub.com](mailto:secretary@waverleyrugbyclub.com)

Should you wish to discuss further, please do not hesitate to contact Mark Ross – 0409 441 363.

*"The Game, for the Game Itself"*

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## Head Coach / 1<sup>st</sup> Grade Coach

Waverley Rugby Club is seeking an experienced Head Coach / 1<sup>st</sup> Grade Coach for the 2009 Season.

The role is intended to expand on gains made to the coaching structure over previous seasons, with the successful candidate being responsible for coordinating the coaching activities across the club, in addition to their responsibilities as 1<sup>st</sup> Grade Coach.

We are seeking to field the strongest team in each grade, week in, week out, with players readily able to transition through different teams when required.

The candidate should have had previous head coach experience, with an ARU Level II or equivalent qualification preferred.

The candidate should have excellent interpersonal and organisational skills, with the ability to develop a winning mentality across the players and coaches alike.

## Forwards Coach

A review of previous seasons has highlighted that improvements can be made within the forwards across the club, with emphasis in the tight five.

Waverley is looking for a coach with the ability to work with the players & coaches across every grade (Grades 1 to 5, Colts, & Women), coaches, managers and committee.

The intention is that forwards from all teams will train together as often as possible

Experience coaching the front row / tight five will be given preference. ARU Coaching or equivalent accreditation preferred.

## Colts Coach (Under 21)

Waverley Rugby Club is looking for a coach committed to building and developing a Colts team. The Club has identified a Colts side as a key component of a successful club, and an imperative no matter what division we are playing in.

Coaching accreditation is preferred or a commitment to achieve ARU Foundation Level (with support of Club) or higher.

## Women's Coach

Waverley is one of eight clubs fielding a team in the Sydney Women's rugby competition.

We are seeking a coach with exceptional communications skills, someone who has the ability and knowledge to explain the technical aspects of the game, to a group of players from various levels of rugby experience (Australian level, to almost no exposure to rugby previously).

The Women's team is a vital component of Waverley Rugby Club, which the Club is seeking to continue to grow, especially as most players are very active in contributing to the running and success of the club, both on and off the field.

Coaching accreditation is preferred or a commitment to achieve ARU Foundation Level (with support of Club) or higher.

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## **2<sup>nd</sup> / 3<sup>rd</sup> / Grade Coaches**

These roles will suit candidates looking to further develop their coaching skills, with a view to coaching at a higher level in the future.

The 2<sup>nd</sup> & 3<sup>rd</sup> Grade Coaches play an integral role in the identification of playing talent, especially as Waverley is in the fortunate position to be able to recruit players across the season.

The challenge in the roles will be to continue to develop the ability of the players, to maximise our chances of winning a premiership and should they need to be available for selection in a higher grade.

Coaching accreditation is preferred or a commitment to achieve ARU Foundation Level (with support of Club) or higher.

## **4<sup>th</sup> / 5<sup>th</sup> Grade Coaches**

Typified by players looking for an enjoyable game of rugby, and the social side that goes with it, Waverley is looking for a lower grade coaches who is able to foster a positive and winning team spirit, in a social environment.

The role will suit someone looking for something different in their coaching, looking to coach for the first time, or looking to meet a great bunch of blokes.

As they will often be the first face of the club for new and prospective members, a confident and welcoming personality are essential attributes.

Coaching experience is not necessary (but preferred).

## **Managers – All Grades**

The continued appointment of managers is a priority for Waverley Rugby Club.

As an essential interface between, players, coaches, and the committee, managers are a key component of achieving a successful club, both on and off the pitch.

Managers should have good organisational skills, be able to work closely with their coach and the committee, and be open and able to deal with players problems and issues.

Managers are encouraged to get involved with coaching their team, in support of the teams coach. We will be endeavouring to match complimentary skills (ie forwards & backs) across teams.

Managers must undertake as a minimum the ARU "Smart Rugby" accreditation if not already accredited. The Club will provide assistance in achieving.

Prior coaching experience will also be valued.

## **Fitness / Conditioning Coach**

Waverley is seeking a fitness and conditioning coach for the 2009 pre-season and early part of the season.

Applicants should have a knowledge of the physical requirements of rugby, be able to motivate all players to improve their level of fitness, and work with coaches to coordinate skills into the fitness program.